

# *Discover a World of Possibilities*

If you're interested in a low-cost way of keeping physically, mentally and socially active then becoming a member of **U3A Strathalbyn** is for you.

U3A has been a part of the Strathalbyn community for more than twenty-five years, and continues to promote lifelong learning and friendship.

Although we began as an organisation that supports retirees and the over fifties, **people of any age are now invited to join.**

**Enrolments for 2026 will open on 12/1/26** with further information available on our website and at the Strathalbyn Neighbourhood Centre.

A variety of long-standing courses will continue in 2026 including fitness and well-being programs, arts, and languages, among others. Maintaining a stimulating program and looking for opportunities to expand our activities is both a priority and a challenge. This year we are pleased to announce five new courses and activities to our program.

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## **VOLUNTEERING**

U3A relies on volunteers, whether that be by becoming a course leader, serving on the committee or undertaking a one-off role to share your expertise.

If you have an interest, knowledge that you think may benefit U3A, or an area of expertise that you would like to share with others then we would love to hear from you. Whether that be conducting a series of workshops, a one-off session, an on-going course, or organising a special event, the possibilities are boundless.

Topics of interest could include cooking and nutrition, card games, current affairs (perhaps with guest speakers), coffee mornings or visits to



gardens, exhibitions, sites of historical, environmental or indigenous interest, dancing and music, or technical know-how. We'll leave that to you.

Volunteering is a powerful way of giving back to your community and not only benefits those you are helping but can bring a sense of fulfilment and purpose to your own life.

All of U3A's volunteers are provided with full organisational and administration support.

The right time to volunteer is now.



***All enquiries about volunteering should be directed to Jasmine Hunt, Secretary of U3A Strathalbyn, on 0423 138 311.***

This brochure kindly printed by the office of  
**Adrian Pederick**, State member for Hammond.



**Website: <https://strathalbynu3a.com>**

**Office support: Strathalbyn Neighbourhood Centre, 6 Parker Ave, Strathalbyn**