

What is U3A?

The University of the Third Age (U3A) is a world-wide organisation of more than fifty years standing, offering a range of courses and activities aimed at stimulating and supporting retired or semi-retired people.

Notwithstanding that, at U3A Strathalbyn we actively encourage adults of any age to join.

We have adopted this policy to encourage interaction between the generations, with a view to promoting better intergenerational understanding, as well as the sharing of ideas and values.

U3A focuses on life-long learning, along with social interaction. There are no exams or qualifications required, as members share skills and knowledge for each member's own personal enjoyment.

Membership is open to residents of the Strathalbyn area and beyond.

The benefits of U3A membership

Learning for pleasure: Courses cover diverse topics, including academic subjects, arts, languages, computing and physical activities (like Pétanque or walking). There is no formal assessment at the conclusion of the course, nor any qualifications received - courses are purely for personal fulfilment.

Social activity: Whilst some U3A courses focus on developing skills and learning, many are designed purely for social interaction.

Active retirement: 'Third age' refers to the period of active retirement, following youth/education (first age) and work/parenting (second age).

Low cost: As a volunteer-run, not-for-profit organisation fees are kept as low as possible.

Autonomy: Each U3A group is independent and community-based, tailoring activities to the interests of local members.

Membership and costs

A \$50 annual membership fee allows members to attend as many courses as they wish. Members joining after 1 July receive a 50% membership fee reduction.

Enrolments are accepted at any time, subject to available vacancies. If a course is full, you will be advised and your name will be placed on a waiting list. You will be contacted if a vacancy becomes available.

Some activities and classes also include a yearly venue fee, as noted on the separate enrolment form. If you attend multiple courses that have yearly venue fees only the higher-amount fee is payable.

Enrolment forms can be download from the U3A website and emailed to strathalbynu3a@gmail.com.

Payments

Electronic funds transfer

University of the Third Age Strathalbyn
BSB number 105 019
Account number 047010340
Please include your family name,
followed by your initials

Payment notifications should be emailed to strathalbynu3a@gmail.com.

Cash deposits

Payable at BankSA Strathalbyn
Pay to U3A Strathalbyn
Please include your family name,
followed by your initials

For further assistance with enrolments or membership payments, please contact us on 0439 961 978.

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The University of the Third Age Strathalbyn

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Phone 0439 961 978

strathalbynu3a.com.au

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Connect | Learn | Community

Affordable
activities for
curious minds
of all ages.



STRATHALBYN

Connect | Learn | Community

Community courses and activities for all ages.

| Subject | Leader/tutor | Phone | Venue | Yearly venue fee | Frequency | Commences | Finishes | Time |
|------------------------------------|--------------------|--------------|-----------------------------------|------------------|--|-----------|----------|-------------------|
| Art - mixed media* | Adrian Lose | 0419 951 101 | Red Hen, Railway Station | | First and third Thursday of every month | 5/2/26 | 19/11/26 | 10.00am - 12.30pm |
| First Wednesday book club | Jasmine Hunt | 0423 138 311 | Various private residences | | First Wednesday of every month | 4/2/26 | 2/12/26 | 2.00pm - 3.00pm |
| Flower essences | Marilyn Henn | 0419 188 162 | Red Hen, Railway Station | | Every Tuesday | 27/1/26 | 31/3/26 | 12.30pm - 2.00pm |
| French - basic conversation | Pat Eglinton | 0418 956 725 | 94 Phillips Hill Road, Bull Creek | | First and third Friday of every month | 6/2/26 | 4/12/26 | 10.30am - 12.00pm |
| Genealogy | Caroline Dennis | 0419 811 384 | Angas Room, Strathalbyn Library | \$10 | Third Tuesday of every month | 17/2/26 | 17/11/26 | 10.00am - 12.00pm |
| History talks | Alan Atkinson | 0437 862 794 | Red Hen, Railway Station | | First and third Monday of every month | 2/3/26 | 15/6/26 | 10.00am - 11.30am |
| Computer skills | Ann Fenton | 0432 822 414 | Red Hen, Railway Station | | Second and fourth Thursday of every month | 9/4/26 | Ongoing | 10.00am - 12.00pm |
| Italian* | Doriana Barone | 0401 717 756 | Red Hen, Railway Station | | Second and fourth Wednesday of every month | 11/2/26 | 25/11/26 | 10.00 - 11.30am |
| Japanese for busy people* | Pat Eglinton | 0418 956 725 | 94 Phillips Hill Road, Bull Creek | | First and fourth Thursday of every month | 5/2/26 | 3/12/26 | 10.30am - 12.00pm |
| Mahjong* | Mandy Walker | 0403 126 386 | Jack's Café, High Street | | Every Tuesday | 27/1/26 | 15/12/26 | 12.30pm - 3.30pm |
| Meditation and humming* | Ingrid Johansson | 0404 765 753 | Red Hen, Railway Station | | Second and fourth Wednesday of every month | 11/2/26 | 25/11/26 | 12.30pm - 2.00pm |
| Pétanque (Boules) | Maria Maxwell | 0412 321 036 | Lawns at Colman Terrace | | First and third Monday of every month | 19/1/26 | 21/12/26 | 9.00am |
| Philosophy at The Vic | Ingrid Johansson | 0404 765 753 | Conference Room, Victoria Hotel | | Second and fourth Friday of every month | 8/5/26 | 30/10/26 | 10.30am - 12.00pm |
| Photography | John Keating | 0467 722 195 | Red Hen, Railway Station | | Third Friday of every month | 17/4/26 | 18/9/26 | 10:00am - 11.30am |
| Social art | Rhonda McCarthy | 0473 111 516 | Scout Hall, Milnes Road | \$25 | Every Thursday | 29/1/26 | 17/12/26 | 9:30am - 11:30am |
| Spanish for fun | Margaret Skene | 0400 365 385 | Red Hen, Railway Station | | Every Tuesday | 3/2/26 | 1/12/26 | 10.30am - 12.00pm |
| Walking for fun | Di Picard | 0478 391 304 | Meet at Colman Terrace carpark | | Third Wednesday of every month | 18/3/26 | 18/11/26 | 9.00am |
| Walkaerobics | Bronwyn Holdsworth | 8536 2085 | Lutheran Hall, Commercial Road | \$25 | Every Tuesday and Friday | 6/1/26 | 18/12/26 | 8.00am - 9.00am |
| Wine Appreciation | Colin Forbes | 0400 029 771 | Uniting Church Hall, Alfred Place | \$10 | First Friday of every month | 6/3/26 | 6/11/26 | 5:30pm - 7.00pm |

The yearly venue fee is only applicable to those subjects where it is shown and is additional to the \$50 annual membership fee. If you enrol for multiple subjects where a yearly venue fee is payable, you are only required to pay the higher-amount fee - fees are not payable for the remaining subjects.

* Available in school terms only



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