

What is U3A?

The University of the Third Age (U3A) is a world-wide organisation of more than fifty years standing, offering a range of courses and activities aimed at stimulating and supporting retired or semi-retired people.

Notwithstanding that, at U3A Strathalbyn we actively encourage adults of any age to join.

We have adopted this policy to encourage interaction between the generations, with a view to promoting better intergenerational understanding, as well as the sharing of ideas and values.

U3A focuses on life-long learning, along with social interaction. There are no exams or qualifications required, as members share skills and knowledge for each member's own personal enjoyment.

Membership is open to residents of the Strathalbyn area and beyond.

The benefits of U3A membership

Learning for pleasure: Courses cover diverse topics, including academic subjects, arts, languages, computing and physical activities (like Pétanque or walking). There is no formal assessment at the conclusion of the course, nor any qualifications received - courses are purely for personal fulfilment.

Social activity: Whilst some U3A courses focus on developing skills and learning, many are designed purely for social interaction.

Active retirement: 'Third age' refers to the period of active retirement, following youth/education (first age) and work/parenting (second age).

Low cost: As a volunteer-run, not-for-profit organisation fees are kept as low as possible.

Autonomy: Each U3A group is independent and community-based, tailoring activities to the interests of local members.

Membership and costs

A \$50 annual membership fee allows members to attend as many courses as they wish. Members joining after 1 July receive a 50% membership fee reduction.

Enrolments are accepted at any time, subject to available vacancies. If a course is full, you will be advised and your name will be placed on a waiting list. You will be contacted if a vacancy becomes available.

Some activities and classes also include a yearly venue fee, as noted on the separate enrolment form. If you attend multiple courses that have yearly venue fees only the higher-amount fee is payable.

Enrolment forms can be download from the U3A website and emailed to strathalbynu3a@gmail.com.

Payments

Electronic funds transfer

University of the Third Age Strathalbyn
BSB number 105 019
Account number 047010340
Please include your family name,
followed by your initials

Payment notifications should be emailed to strathalbynu3a@gmail.com.

Cash deposits

Payable at BankSA Strathalbyn
Pay to U3A Strathalbyn
Please include your family name,
followed by your initials

For further assistance with enrolments or membership payments, please contact us on 0439 961 978.

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The University of the Third Age Strathalbyn

Email strathalbynu3a@gmail.com

Phone 0439 961 978

strathalbynu3a.com

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Connect | Learn | Community

Affordable
activities for
curious minds
of all ages.



Connect | Learn | Community

Community courses and activities for all ages.

Subject	Leader/tutor	Phone	Venue	Yearly venue fee	Frequency	Commences	Finishes	Time
Art - mixed media*	Adrian Lose	0419 951 101	Red Hen, Railway Station		First and third Thursday of every month	5/2/26	19/11/26	10.00am - 12.30pm
First Wednesday book club	Jasmine Hunt	0423 138 311	Various private residences		First Wednesday of every month	4/2/26	2/12/26	2.00pm - 3.00pm
Flower essences	Marilyn Henn	0419 188 162	Red Hen, Railway Station		Every Tuesday	27/1/26	31/3/26	12.30pm - 2.00pm
French - basic conversation	Pat Eglinton	0418 956 725	94 Phillips Hill Road, Bull Creek		First and third Friday of every month	6/2/26	4/12/26	10.30am - 12.00pm
Genealogy	Caroline Dennis	0419 811 384	Angas Room, Strathalbyn Library	\$10	Third Tuesday of every month	17/2/26	17/11/26	10.00am - 12.00pm
History talks	Alan Atkinson	0437 862 794	Red Hen, Railway Station		First and third Monday of every month	2/3/26	15/6/26	10.00am - 11.30am
Computer skills	Ann Fenton	0432 822 414	Red Hen, Railway Station		Second and fourth Thursday of every month	9/4/26	Ongoing	10.00am - 12.00pm
Italian*	Doriana Barone	0401 717 756	Red Hen, Railway Station		Second and fourth Wednesday of every month	11/2/26	25/11/26	10.00 - 11.30am
Japanese for busy people*	Pat Eglinton	0418 956 725	94 Phillips Hill Road, Bull Creek		First and fourth Thursday of every month	5/2/26	3/12/26	10.30am - 12.00pm
Mahjong*	Mandy Walker	0403 126 386	Aspen Lifestyle Strathalbyn		Every Tuesday	27/1/26	15/12/26	12.30pm - 3.30pm
Meditation and humming*	Ingrid Johansson	0404 765 753	Red Hen, Railway Station		Second and fourth Wednesday of every month	11/2/26	25/11/26	12.30pm - 2.00pm
Pétanque (Boules)	Maria Maxwell	0412 321 036	Lawns at Colman Terrace		First and third Monday of every month	19/1/26	21/12/26	9.00am
Philosophy at The Vic	Ingrid Johansson	0404 765 753	Conference Room, Victoria Hotel		Second and fourth Friday of every month	8/5/26	30/10/26	10.30am - 12.00pm
Photography	John Keating	0467 722 195	Red Hen, Railway Station		Third Friday of every month	17/4/26	18/9/26	10:00am - 11.30am
Social art	Rhonda McCarthy	0473 111 516	Scout Hall, Milnes Road	\$25	Every Thursday	29/1/26	17/12/26	9:30am - 11:30am
Spanish for fun	Margaret Skene	0400 365 385	Red Hen, Railway Station		Every Tuesday	3/2/26	1/12/26	10.30am - 12.00pm
Walking for fun	Di Picard	0478 391 304	Meet at Colman Terrace carpark		Third Wednesday of every month	18/3/26	18/11/26	9.00am
Walkaerobics	Bronwyn Holdsworth	8536 2085	Lutheran Hall, Commercial Road	\$25	Every Tuesday and Friday	6/1/26	18/12/26	8.00am - 9.00am
Wine Appreciation	Colin Forbes	0400 029 771	Uniting Church Hall, Alfred Place	\$10	First Friday of every month	6/3/26	6/11/26	5:30pm - 7.00pm

The yearly venue fee is only applicable to those subjects where it is shown and is additional to the \$50 annual membership fee. If you enrol for multiple subjects where a yearly venue fee is payable, you are only required to pay the higher-amount fee - fees are not payable for the remaining subjects.

* Available in school terms only

